



2026 IMMAF
EUROPEAN CHAMPIONSHIPS

COMPETITION HANDBOOK

V3 – 05/01/2026



February 5–15

**European Youth, Junior and Senior
Championships**

Belgrade, Serbia



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Dear Athletes, Coaches, Officials, and Fans,

It is with immense pride and heartfelt excitement that I welcome you to the 2026 IMMAF European Championships. This prestigious event stands as a testament to the strength, skill, and spirit that define our ever-growing MMA community.

The European Championships are more than a stage for elite competition, they are a powerful expression of IMMAF's mission to unite nations through the shared values of respect, discipline, and sportsmanship. Every athlete who enters the arena carries not only their personal ambition, but also the hopes of their teammates, families, and nations.

This year, we are especially proud to return to Serbia, a nation whose unwavering support has been instrumental in the development of MMA and in advancing IMMAF's global race toward recognition. Serbia's commitment to our sport and its values continues to inspire progress across Europe and beyond.

We remain steadfast in our pursuit of excellence. Through continued investment in athlete development, safeguarding standards, and the sustainable growth of our sport, we are building a future where talent flourishes and where mixed martial arts earns its rightful place on the world stage.

As we gather in the spirit of competition, let us also celebrate the bonds forged through our shared passion. These Championships remind us that MMA is more than a sport, it is a universal language that transcends borders and unites us all.

To our athletes: your courage and dedication light the path forward.

To our coaches, officials, and organisers: your tireless efforts make this event possible.

And to our fans: your energy and belief are the heartbeat of our sport.

Thank you for being part of this extraordinary journey. Together, we are shaping the future of mixed martial arts. Let us make the 2026 IMMAF European Championships a defining chapter in our shared legacy.

Yours in sport,

Kerrith Brown

Dear Athletes, Coaches, Officials, and Supporters,

On behalf of the Serbian Mixed Martial Arts Federation, it is our profound honour to welcome you to the 2026 IMMAF European Championships, held once again in the dynamic city of Belgrade, Serbia.

We are deeply proud to host this prestigious event, uniting Europe's finest athletes, coaches, and officials in celebration of the very best of mixed martial arts. Serbia, a nation rooted in sporting tradition and passionate about MMA, is privileged to provide the stage for this remarkable gathering.

These Championships are more than a contest of skill—they are a tribute to the discipline, resilience, and unity that define our sport. They offer a powerful opportunity to strengthen the bonds within our global MMA family and to inspire the next generation of champions.

We are especially honoured by Serbia's continued contribution to the development of MMA and its steadfast support for IMMAF's race toward international recognition. Our shared commitment to excellence and integrity is helping shape the future of the sport across borders and generations.

Our organising team has worked tirelessly to ensure your experience in Serbia is both memorable and meaningful. From world-class competition venues to the heartfelt hospitality of our people, we hope you feel truly welcomed and celebrated.

To the athletes: you are the heartbeat of this Championship. May you compete with pride, courage, and honour.

To the coaches, officials, and supporters: your dedication and passion are the pillars of this event's success.

Thank you for joining us in Belgrade for what promises to be an unforgettable celebration of mixed martial arts. Together, let us honour the spirit of competition and the transformative power of sport.

Welcome to Serbia, and best of luck to all participants!

Yours sincerely,

Luka Nikolic
President,
Serbia MMA Federation



ORGANIZER

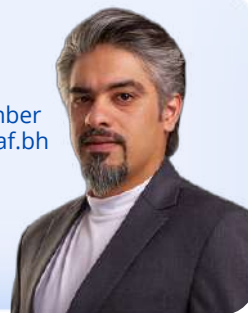
International Mixed Martial Arts Federation
(IMMAF)

Via Toveda n. 3 6535 Roveredo
(Canton of Graubunden), Switzerland

Email: info@immaf.org

EVENT DIRECTOR

Name: Mohamed A. Qamber
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LOCAL ORGANIZING COMMITTEE

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SAFEGUARDING LIAISON

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GENERAL & RECORD ENQUIRIES

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Email: jorden.curran@immaf.org
Tel: +44 (0) 7531457128



MEDICAL OFFICER

Email: medical.events@immaf.org

SMOOTHCOMP SUPPORT

Email: drazen.senicak@immaf.org

Thursday 5th February – Team Registration

9:00am to 2:00pm - Registration @ *Boutique Hotel Museum*

7:00pm - Rules Briefing & Tournament Draw @ *Boutique Hotel Museum*

Friday 6th February – Youth D&C competition

6:30am to 7:30am - Weigh-ins and Pre-fight medicals @ *Alexandar Nikolic Hall - Hala Pionir*

10:00am - Competition Starts @ *Alexandar Nikolic Hall - Hala Pionir*

Saturday 7th February – Youth B competition

6:30am to 7:30am - Weigh-ins and Pre-fight medicals @ *Alexandar Nikolic Hall - Hala Pionir*

10:00am - Competition Starts @ *Alexandar Nikolic Hall - Hala Pionir*

Sunday 8th February – Youth A competition

6:30am to 7:30am - Weigh-ins and Pre-fight medicals @ *Alexandar Nikolic Hall - Hala Pionir*

10:00am - Competition Starts @ *Alexandar Nikolic Hall - Hala Pionir*

Monday 9th February – Youth A competition

6:30am to 7:30am - Weigh-ins and Pre-fight medicals @ *Alexandar Nikolic Hall - Hala Pionir*

10:00am - Competition Starts @ *Alexandar Nikolic Hall - Hala Pionir*

Tuesday 10th February – Juniors Round 16, Seniors Round 32

6:30am to 7:30am - Weigh-ins and Pre-fight medicals @ *Alexandar Nikolic Hall - Hala Pionir*

11:00am - Competition starts @ *Alexandar Nikolic Hall - Hala Pionir*

Wednesday 11th February – Juniors Quarter Finals, Seniors Round 16

6:30am to 7:30am - Weigh-ins and Pre-fight medicals @ *Alexandar Nikolic Hall - Hala Pionir*

11:00am - Competition starts @ *Alexandar Nikolic Hall - Hala Pionir*

Thursday 12th February – Juniors Semi Finals, Seniors Quarter Finals

6:30am to 7:30am - Weigh-ins and Pre-fight medicals @ *Alexandar Nikolic Hall - Hala Pionir*

11:00am - Competition starts @ *Alexandar Nikolic Hall - Hala Pionir*

Friday 13th February – Seniors Semi Finals, Juniors Finals

6:30am to 7:30am - Weigh-ins and Pre-fight medicals @ *Alexandar Nikolic Hall - Hala Pionir*

11:00am - Competition starts @ *Alexandar Nikolic Hall - Hala Pionir*

Saturday 14th February – BREAK**Sunday 15th February – Seniors Finals**

6:30am to 7:30am - Weigh-ins and Pre-fight medicals @ *Arena Beograd*

13:00pm - Competition starts @ *Arena Beograd*

Attention: The schedule may be modified according to the total number of entries and circumstances of competition.



PRELIMS AND JUNIOR FINALS

Alexandar Nikolic hall - Hala pionir

39/2/2 Carli Caplina st.

Beograd, Serbia

[Directions](#)



SENIOR FINALS

ARENA BEOGRAD

11070 BEOGRAD

BULEVAR ARSENIJA ČARNOJEVIĆA 58

[Directions](#)

COMPETITION PLACE

2026 IMAF
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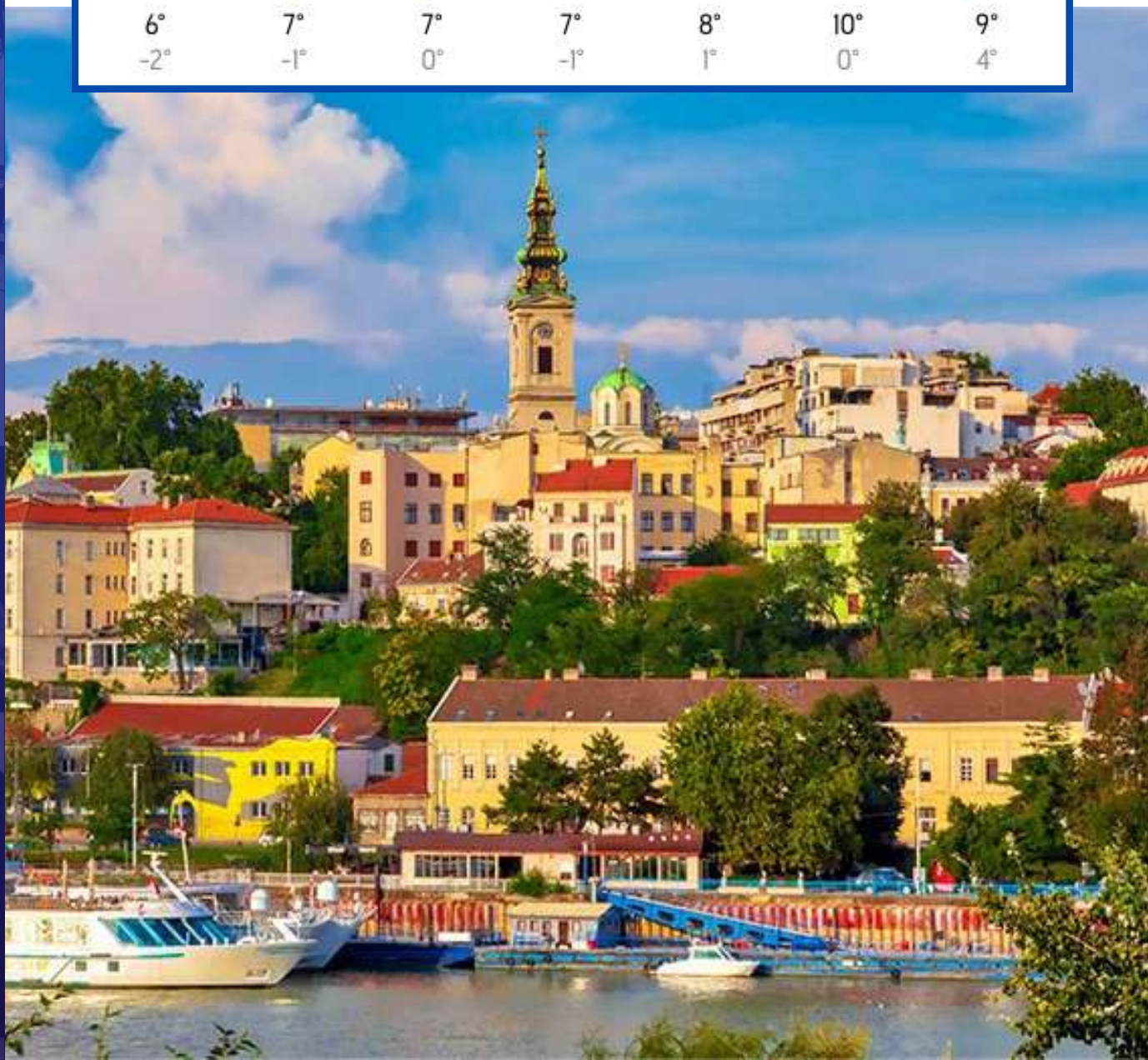
WEATHER IN BLEGRADE

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S	M	T	W	T	F	S
1	2	3	4	5	6	7
8° 2°	6° 2°	8° 2°	9° 2°	9° 2°	9° 1°	9° 1°
8	9	10	11	12	13	14
8° 2°	9° 2°	10° 3°	9° 2°	8° -2°	7° -3°	4° -2°
15	16	17	18	19	20	21
6° -2°	7° -1°	7° 0°	7° -1°	8° 1°	10° 0°	9° 4°



ELIGIBILITY

Please see the document for athlete eligibility available on the Smoothcomp event page.

ATHLETE SPONSOR GUIDELINES

Please see the document for athlete sponsor guidelines found in smoothcomp registration page.

ATHLETE SCREENING

Please see smoothcomp.com for the Athlete screening process document.

MINIMUM TECHNICAL STANDARD

All participants require to have MINIMUM TECHNICAL STANDARD: their grade according to IMMAF Technical Progression scheme and recorded on the IMMAF App.

We expect national coaches / team leaders to check the standard of the athletes beforehand. It will be cross-checked at the point of registration. If competitor is found not having a required grade he will be given an option:

To take the technical exam on the registration day: time and location will be announced. It will be arranged under supervision of a member of Coaching, or Youth Development commission. A penalty fee of **40 Euro** shall be charged to compensate examiner's time and commitment.

Whether an athlete fails to do so, he/she will not enter the draw and his/her participation fees will not be refunded.

Minimum technical standards:

Youth D - White-yellow

Youth C - Yellow

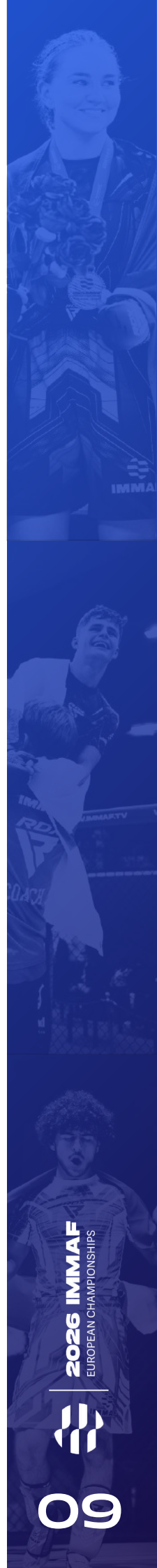
Youth B - Orange

Youth A - Green

Juniors - Blue

Reminder: only IMMAF certified coach from the country of an athlete can take the grading exam, or a member of IMMAF Coaching or Youth Commission.

More explanation if need be: immaf.org



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The 2026 IMMAF European Championships is for all European IMMAF Member Nations and will be open to Youth, Senior and Junior athletes.

There is a limit of 16 participants for junior and 32 participants for Senior weight categories. Youth weight divisions have no participation limit. All federations can enter 2 athletes per category (subject to first come first served basis).

Competitors must be of the same nationality as the national team which enters them. See below for details on criteria from representing a dual or alternative nationality.

IMMAF Nationality & Change of Nationality Rules

1. It is mandatory that competitors participating in IMMAF Championship events are nationals of the country whose team they are representing. For the avoidance of doubt, nationals are classed according to the passport(s) they hold. The IMMAF CEO retains the right to make a case-by-case decision in circumstances regarding citizenship upon reviewing relevant documents.

Change of National Representation – Application Criteria:

2. A competitor who is a national of two or more countries at the same time may only represent one of them. After having represented one country in IMMAF competitions, he/she may not represent another country unless he/she meets the conditions set forth below which applies to persons who have changed their nationality or acquired a new nationality. An athlete is able to switch nationality only once. Before switching to represent a new national team, the competitor must wait for the current year of IMMAF events to be completed. The Athlete, via their selected national federation, will be required to present a written application outlining their request to change national representation, accompanied by supporting documents towards any of the following:

- The athlete was born on the territory they wish to represent.
- The athlete's biological Mother or Father was born on the selected territory.
- The athlete's grandmother or grandfather was born on the selected territory.
- The athlete has lived on the territory for at least five years and possesses a passport or satisfactory documentation of citizenship.



3. A competitor who wishes to represent a new nationality in order to compete in IMMAF Championships, without meeting any criteria of Article 2, may represent a new team provided that at least twelve (12) months have passed since the competitor last represented his/ her former country and has possessed a valid passport for at least 2 years. The requirement for 2 years of passport validity also applies to competitors wishing to change nationality ahead of their IMMAF debut. National federations wishing to acquire an athlete who does not meet the criteria of Article 2 must inform IMMAF when the athlete first receives a new passport, ahead of the 2 years validity period.

4. Any competitor who changes nationality ahead of representing a country at IMMAF championships is responsible for presenting a written application outlining reasons for switch of nationality under IMMAF, submitted through their new federation and accompanied by supporting documents for approval upon request of IMMAF.

Anti-doping; WADA ADAMS System Registration:

5. Athletes who have been registered with WADA while competing in another sport may not represent a separate nationality under IMMAF. The athlete must either withdraw from one sport or ensure that nationalities match in all sports that adhere to the WADA code. Cases of nationality clashes within WADA registration will result in the athlete being suspended from IMMAF competition until the matter is resolved.

6. It is the responsibility of national federations to ensure that application of IMMAF approval is completed ahead of any event registration deadline and that all requested documents are provided. Failure to notify IMMAF of a change of nationality or failure to provide supporting documents upon request may result in but is not limited to: disqualification of the athlete from IMMAF competition, deduction of ranking points, a team ban from the division, or a fine, following review by the IMMAF Disciplinary Committee.

Inquiries or applications should be directed to IMMAF Member Development Consultant, Jorden Curran (jorden.curran@immaf.org).

Youth D Born in 2014 or 2015

Youth C Born in 2012 or 2013

Youth B Born in 2010 or 2011

Youth A Born in 2008 or 2009. **MUST BE YOUNGER THAN 18 YEARS OLD ON LAST DAY OF COMPETITION.*

The athlete must be within the selected year born by the 1st day of competition and must remain within the same age band until the competition has been completed.

Juniors Under 21 years old.

The athlete must be born in 2006, 2007 or 2008, athlete age shall be 18 years old before the 1st day of competition and must be under 21 years old when the competition has been completed.

Seniors 18 years old and above.

The athlete must be 18 years of age by the 1st day of competition. There is no upper age limit.



Weigh-ins for all contestants shall be on the day of competition. Competitors must be within the weight limits for the division they are registered to.

Youth A (2008–2009)

FEMALE

Atomweight: -47.6 kg /105 lbs

Strawweight: -52.2 kg /115 lbs

Flyweight: -56.7 kg /125 lbs

Bantamweight: -61.2 kg /135 lbs

Featherweight: -65.8 kg /145 lbs

Lightweight: -70.3 kg /155 lbs

Super Lightweight: : -74.8 kg
/165 lbs

MALE

Strawweight: -52.2 kg /115 lbs

Flyweight: -56.7 kg /125 lbs

Bantamweight: -61.2 kg /135 lbs

Featherweight: -65.8 kg /145 lbs

Lightweight: -70.3 kg /155 lbs

Super Lightweight: : -74.8 kg
/165 lbs

Super Welterweight: : -79.4 kg
/175 lbs

Middleweight: -83.9 kg /185 lbs

Super Middleweight: -88.4 kg
/195 lbs

Light Heavyweight: -93 kg /205
lbs

Heavyweight: -97 kg /215 lbs

Note: Athletes should be under 18 years old, if an athlete age is over 18 before last day of competition he will not be accepted.

Note: Minimum 2 Participants are required in each category.

Note: No athlete shall be allowed to compete with a weight difference Lower than 5 kg.

example: "-88.4kg" division, the lower limit is +83.9 kg to a maximum limit of 88.4 kg.

Weigh-ins for all contestants shall be on the day of competition. Competitors must be within the weight limits for the division they are registered to.

Youth B (2010–2011)

FEMALE & MALE

-44 kg / 97 lbs

-48 kg / 105.8 lbs

-52 kg / 114.6 lbs

-57 kg / 125.7 lbs

-62 kg / 136.7 lbs

-67 kg / 147.7 lbs

-72 kg / 158.7 lbs

+72 kg/ 158.7 lbs – TO A
MAXIMUM OF 77.1 kg/ 170 lbs

Note: Minimum 2 Participants are required in each category.

Note: No athlete shall be allowed to compete with a weight difference Lower than 5 kg.

example: “-72kg” division, the lower limit is +67 kg to a maximum limit of 72 kg.

Weigh-ins for all contestants shall be on the day of competition. Competitors must be within the weight limits for the division they are registered to.

Youth C (2012–2013)

FEMALE & MALE

-31kg/ 68.3 lbs
-34kg/ 75 lbs
-37kg/ 81.6 lbs
-40kg/ 88.2 lbs
-44 kg / 97 lbs
-48 kg / 105.8 lbs
-52 kg / 114.6 lbs
-57 kg / 125.7 lbs
+57kg/ 125.7 lbs – TO A MAXIMUM OF 62kg / 136.7 lbs

Note: Minimum 2 Participants are required in each category.

Note: No athlete shall be allowed to compete with a weight difference Lower than 5 kg.

example: “-57” division, the lower limit is +52 kg to a maximum limit of 57 kg.

Weigh-ins for all contestants shall be on the day of competition. Competitors must be within the weight limits for the division they are registered to.

Youth D (2014–2015)

FEMALE & MALE

-27kg/ 59.5 lbs

-31kg/ 68.3 lbs

-34kg/ 75 lbs

-37kg/ 81.6 lbs

-40kg/ 88.2 lbs

-44 kg / 97 lbs

-48 kg / 105.8 lbs

-52 kg / 114.6 lbs

-57 kg / 125.7 lbs

+57kg/ 125.7 lbs – TO A
MAXIMUM OF 62kg / 136.7 lbs

Note: Minimum 2 Participants are required in each category.

Note: No athlete shall be allowed to compete with a weight difference Lower than 5 kg.

example: “-57” division, the lower limit is +52 kg to a maximum limit of 57 kg.

Weigh-ins for all contestants shall be on the day of competition. Competitors must be within the weight limits for the division they are registered to.

JUNIORS AND SENIORS

FEMALE

Atomweight: -47.6 kg /105 lbs

Strawweight: -52.2 kg /115 lbs

Flyweight: -56.7 kg /125 lbs

Bantamweight: -61.2 kg /135 lbs

Featherweight: -65.8 kg /145 lbs

Lightweight: -70.3 kg /155 lbs

**Super Lightweight: : -74.8 kg
/165 lbs**

**Super Welterweight: : -79.4 kg
/175 lbs**

MALE

Strawweight: -52.2 kg /115 lbs

Flyweight: -56.7 kg /125 lbs

Bantamweight: -61.2 kg /135 lbs

Featherweight: -65.8 kg /145 lbs

Lightweight: -70.3 kg /155 lbs

**Super Lightweight: : -74.8 kg
/165 lbs**

**Super Welterweight: : -79.4 kg
/175 lbs**

Middleweight: -83.9 kg /185 lbs

**Super Middleweight: -88.4 kg
/195 lbs**

**Light Heavyweight: -93 kg /205
lbs**

Heavyweight: -97 kg /215 lbs

**Super Heavyweight: +97 kg
/+215 lbs**

ACCREDITATION & CONTROL OF NATIONALITY

At least one (1) team official and a maximum of two (2) must attend the registration on 5th February for Youth, Seniors and Juniors. Failure to do this will result in the team not being entered into the draw and will be removed from the competition.

Passports or photocopies of passports from all competitors must be available on request (National ID Card showing nationality and date of birth or a copy is also accepted).

An IMMAF accreditation card with a photograph will be issued to competitors, coaches and officials.

PRE-REGISTRATION ONLINE (SMOOTHCOMP)

All participants and delegates must be pre-registered for the event using the IMMAF Online Registration System. smoothcomp.com

Deadline for Pre-Registration is Monday, January 5th, including the completion of competition fees and all other required documents. Competition fees must be paid in bulk via a national federation's account

After the deadline only athletes replacing a competitor who is medically diagnosed as unfit to compete can be entered into the competition. An official letter from the injured athletes GP or registered team Doctor will need to be submitted to IMMAF's Medical Officer for verification before approval of registration on smoothcomp.com

Note to Media:

Any team officials registering on [SMOOTHCOMP](https://smoothcomp.com) who would like media access and permissions, must email to press@immaf.org. Please note that registration on [SMOOTHCOMP](https://smoothcomp.com) does not grant media permissions.

KEY DEADLINES

Team Registration for all nations, including participation payment – Monday, January 5th. Registrations are not approved until payment of fees is completed (spaces are not reserved without payment).

Event registrations and payment -Monday, January 5th

Medicals and blood reports -Monday, January 19th

For late registrations contact IMMAF member support.

Media accreditation applications to press@immaf.org

Medications TUE deadline - TUE applications are advised to be delivered to tue@ita.sport 21 days prior to the event official registration/Check in day.

TOURNAMENT CHECK-IN

Each team enters a check-in location strictly according to the previously allocated time slot accompanied by at least one team leader.

Athletes' appropriate documents (athlete waiver, media release form) have to be uploaded onto [SMOOTHCOMP](https://smoothcomp.com) beforehand.

Every athlete's passport/ID is controlled and thereafter an accreditation is issued. Coaches and team staff receive their accreditations at the check-in too.

COMPETITION MODE

Senior and Junior competition will be conducted in accordance with the latest IMMAF Amateur MMA Rules. Youth competition will be in accordance with latest IMMAF Youth MMA Rules. See immaf.org for full rules breakdown.

Youth divisions will be held as round robin tournaments, guaranteeing all youth competitors have at least 2 bouts.

WEIGH-INS AND PRE-FIGHT MEDICAL EXAMINATION

Competition days:
February 6 to 9 (Youth).
February 10 to 15 (Juniors and Seniors).

Competitors shall weigh in only on the days they are to compete.

There will be no option for late annual medical examination or blood tests.

Please Note: The current policy of the IMMAF medical commission is that blood work is NOT needed for Youth (U18's) tournaments

The official weigh in & pre-fight medical for each weight category is held each morning of competition as stated in the event program schedule. Athletes must present their IMMAF accreditation card and his/her passport (National ID Cards showing nationality and date of birth are also accepted).

Only athletes that are set to compete on that day must attend that competition day weigh in. Competitors with byes are not expected to weigh in.

Any athlete who does not show up within the designated weigh in times or fails to make weight will be excluded from competition. Athletes will only have one chance at making weight on the official scales.

Athletes must not strip down to underwear when using test scales in a public setting.

Weigh in allowance policy can be found alongside other competition documents on the smoothcomp.com

NOTE: test scales located at event hotels are provided for convenience only and are not guaranteed to reflect the official weigh-in results. Variations may occur due to differences in surface levels, absence of continuous maintenance, and potential weight fluctuations during travel from the hotel to the weigh-in venue. Teams and athletes are therefore advised not to rely solely on hotel test scales and are encouraged to bring their own calibrated scales for reference. At the official weigh-in location, the final weigh-in scales will be accompanied by official test scales, both of which are maintained and calibrated to ensure accuracy under matching conditions.

REFEREES & JUDGES

Referees and Judges, all in good standing and having valid certification minimum category A or B, shall be selected by the Sports Department based on the recommendations of Referees and Judges Commission.
Inquiries: andrew.moshanov@immaf.org



YOUTH, SENIORS AND JUNIORS DRAW

The draw for Youth, Seniors and Juniors will take place on 5 February 2026 following the completion of athlete check in. The competition draw will be automated on Smoothcomp.

Time of the draw is detailed in the event program schedule. Any schedule changes will be communicated.

There will be up to 4 seeded athletes per weight categories based on the IMMAF division rankings. There will be no seeding for Youth athletes. Athletes of the same nationality will be separated from meeting until the semi-finals of the tournament.

For junior and senior divisions, a bronze medal will be awarded to both losing semi-finalists, even if the bronze medalist has not won a bout to reach the semi-finals. A bye is also classed as a win.

If there are only two (2) competitors in a bracket, then this will be a gold and silver medal match with the loser receiving a medal.



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CORNERS (SECONDS), and TEAM LEADERS

Atmosphere and ethics around the cage is considered by IMMAF to be an important element of the sports environment, which we do not take lightly. Therefore, access to the cage side shall be granted exclusively to IMMAF Certified Coaches, holding valid licence.

In addition, we created alternative opportunity for all non-certified coaches to be able to follow their athletes to the cage side and support them during the contest. They can take online Cornerman Course, pass the test and apply for accreditation on the registration day. More information: andrew.moshanov@immaf.org

EQUIPMENT

Athletes are responsible for providing their own mouth guard and groin guard. Gloves, shin guards, rash guards and shorts will be provided by official IMMAF equipment partner, RDX.

for more information and requests regarding ordering official IMMAF equipment please visit <https://immafstaging.wpengine.com/store/> or contact Mr. Keyston Brown via email: keystonbrown50@gmail.com or whatsapp: +44 7423810768

for more details please visit IMMAF store at: <https://immaf.org/store/>



Please find Hotel details in the link [HERE](#)

For all reservations and questions, please contact Serbia MMA Federation Accommodation Team at:

accommodation@mmasavezsrbije.rs

All participating teams are required to book accommodations exclusively through the official contact details provided. Bookings made outside the designated channels will result in non-accreditation, and affected teams will be ineligible to compete in the championship.

Please note: IMMAF advises athletes against extreme weight cutting and dehydration practices. Sauna access will only be available as an amenity of hotel facilities and is not provided or guaranteed by IMMAF.



ACCOMMODATION

2026 IMMAF
EUROPEAN CHAMPIONSHIPS



2026

Participation fee

A participation fee of **EUR 200** per Youth, **EUR 450** per Junior, Senior Athletes and **EUR 150** per team affiliates and team coaches is payable to IMMAF via invoice following pre-registration.

Accreditation will not be issued where entry fees have not been paid by the pre-registration deadline.

Any athlete that has not paid their participation fee by Monday, January 5th will not be included in the draw.

How to make payment and registration process

Instructions can be found at the end of this document. Payment must be made by each member federation for its whole team. Individual payments will not be accepted.

Registration for each competitor and team delegate is via the Smoothcomp online tournament system.

Process

a) Registration via online tournament system; Smoothcomp. (No participation fee payment will be asked for during this part of the registration).

b) Participation Fee's to be bank transferred. To make a payment please request an invoice from accounts@immaf.org.

Remittance/confirmation of payment should be sent to accounts@immaf.org

c) When completion of parts A + B have been confirmed only then will your team entry be approved to enter the tournament.

Payment information

The amount must be paid net of bank charges, any bank charges must be paid by the payee in full.

EURO ACCOUNT

Bank Name : Banca Raiffeisen Veduggio Cassarate

Account name: IMMAF SA

IBAN Number: CH06 8080 8007 6853 1048 1

SWIFT: RAIFCH22XXX

Competitors need to ensure that their annual medical examination is in good standing as per IMMAF's competition medical requirements.

Please Note: The current policy of the IMMAF medical commission is that blood work is required for Senior and Junior tournaments.

The cut-off date for submission of all correctly completed AND correctly submitted medical forms is Monday, January 19th

In order to be medically cleared to compete in the 2026 IMMAF European Championships each athlete must provide:

a) a completed Annual Medical Examination form, dated from within one year of the final day of competition.

b) teams can download examination forms to complete for each athlete's medical and bloodwork, available via the 2026 IMMAF European Championships event page. Forms must be completed and emailed in PDF format to the IMMAF Medical Officer: medical.events@immaf.org. Failure to send documents to the identified address may result in failed delivery and subsequent removal from the competition.

*Please Note: we strongly recommend submitting all forms at least one week in advance of the deadline so that any mistakes or omissions can be addressed BEFORE the cut-off date, thus avoiding any Late admin fees.

NOTE 1: MEDICAL SAFETY LEAD

Each team must nominate a Medical Safety Lead. Your MSL acts as the single point of contact through whom we expect to receive all medical documentation, and with whom we share important updates.

The role is purely administrative - no prior medical knowledge or experience is required. Please let us know if you require details of your MSL or wish to nominate someone new to the role.

NOTE 2: INTEGRITY

If we suspect a document is forged, we will investigate.

If a document is proven to be a forgery, we will charge the athlete or their team a fee for our investigation. The fee will be 40EUR per hour, with a minimum of 3 hours.

Please do NOT submit forged documents! It endangers athletes and costs more in the long run.

NOTE 3: LATE MEDICAL SUBMISSION FEES

The cut-off date for submission of all CORRECTLY COMPLETED and CORRECTLY SUBMITTED medical forms is Monday, Jan 30th (2359hrs UTC).

Please ensure forms are submitted at least one week in advance of this so that any mistakes or omissions can be addressed before the cut-off date. Forms must be received through the nominated MSL, ideally as one complete PDF per athlete.

- a 10EUR Late admin fee will be payable direct to the Medical Officer by or for any athlete whose correct & complete documentation has not been received by the identified cut-off date.

- a 20EUR Late admin fee will be payable direct to the Medical Officer by or for any athlete whose correct & complete documentation has not been received one week after the cut-off date. Late fees will continue to double with each week that the correct documentation has not been provided.

- Other than in exceptional cases (such as with late injury replacements) the Late admin fees detailed above WILL be strictly enforced WITHOUT exception.

- If a Late admin fee is due, NO documentation will be reviewed, or even considered as having been received, until that fee has been paid.

- If a Late admin fee is due and not received before a further deadline has been passed, the higher fee will be payable in order for that athlete's documentation to be reviewed.

- The review of any documentation received after the cut-off date is subject to the availability of resources, and at the discretion of the Medical Officer and the IMMAF Medical Committee.

Late admin fees are NOT intended to raise revenue. They have solely been introduced to focus attention on the importance of complying with deadlines

so that we can continue doing the work we do effectively with the resources we have - the alternatives being raising fees for everyone or removing athletes from the tournament. We would be delighted if not a single late admin fee was ever incurred!

Please work with us to achieve this and get your athletes' documentation arranged in good time. If you have any comments, issues or questions regarding this, or any medical matter, please contact: medical.events@immaf.org.

WEIGHT MANAGEMENT

Extreme weight-making or weight-cutting is not acceptable and creates enormous risks to athletes. IMMAF youth events have a zero tolerance for this practice. This includes sitting in sweatsuits, running in sweatsuits, using IV to rehydrate athletes, using saunas, etc.

IMMAF has zero tolerance for the use of IV rehydration for all athletes, if an athlete is found to be using an IV, they are at risk of being investigated and potentially suspended from the tournament. random weight check shall be conducted through the whole tournament.

SAFEGUARDING

IMMAF takes a zero-tolerance approach to any abuse of athletes, officials, staff and spectators. Everyone should feel safe, supported and respected at IMMAF events.

IMMAF's safeguarding policy can be downloaded here: [IMMAF | Safeguarding Policy](#).

All youth coaches and team leaders attending IMMAF Championships will be required to submit an official police criminal record check or national equivalent, to be approved for event credentials. Official Police Criminal Records are valid for 2 years and need to be re-issued and re-sent every year. Contact sophie.mueller@immaf.org for questions and to submit documents.

All coaches and team leaders must complete and submit the online Declaration of Honour form. Individuals will not receive their event accreditation if a Declaration of Honour has not been submitted. Link to the form: [HERE](#)

All youth coaches and team leaders must complete the IMMAF online safeguarding course to receive accreditation. Please register your team on this link: [HERE](#)

IMMAF takes a zero-tolerance approach to any abuse of athletes, officials, staff and spectators. Everyone should feel safe, supported and respected at IMMAF events.

Anti-doping controls will be conducted by the International Testing Agency (ITA) in accordance with the IMMAF Anti-Doping Rules and the World Anti-Doping Code for athletes.

All participants (athletes, coaches and officials) should ensure they comply with the Anti-Doping Rules. The IMMAF Anti-Doping Rules adopt the WADA Prohibited List of Substances and Methods WADA Prohibited List 2025 - wada-ama.org

Athletes should check all medications to ensure any substances used are permitted.

For a Therapeutic Use Exemption (TUE), applications are advised to be delivered to tue@ita.sport 21 days prior to the event official registration/Check in day, if approval for the medically justified use of a Prohibited Substance or Method is required. In an emergency/after this date, submit a TUE application as soon as treatment is required.

If a TUE has already been approved at national level, submit the TUE Certificate for approval as soon as possible to tue@ita.sport.

Full directions for the ITA's TUE process can be found at the 2026 European Championships event page on Smoothcomp

NOTE: IMMAF operates a zero tolerance on the use of needles for any purpose without medical justification.

PLEASE DECLARE ALL YOUR MEDICATION

Declaring your medications at Medical Clearance, Registration, Pre & Post Medical Checks and at Doping Control is in your own interest for health and safety reasons. Failure to make a full declaration and update as necessary may delay appropriate medical treatment. It may be considered adversely in an Anti-Doping investigation.

Declare, in your own interests, team officials please remind your athletes.



Attention to All Participants Compulsory Requirement – 2026

These seminars are mandatory for all athletes, coaches, parents, and any personnel participating in the event. Your attendance is required to ensure full compliance with event standards and Antidoping guidelines.

As an IMMAF athlete, and as a participant at the IMMAF European Championships 2026, it is important you know your rights and responsibilities when it comes to competing clean, protecting yourself, and protecting our sport.

In order to compete in the IMMAF European Championships 2026, you must complete the ITA's IF Webinar Series by **1 February 2026**.

In order to complete the IF Webinar Series, you must watch the webinars and pass the test with a score of 80% in order to receive the certificate from the ITA.

- **If you are watching the webinars and taking the test on or before 17 December 2025, use this link: [ITA Toolkit](#)**
- **If you are watching the webinars and taking the test on or after 18 December 2025, use this link: [ITA Toolkit](#)**

IMPORTANT: You cannot watch the webinars from one link and take the test from the other link.

The certificates for passing the test will be emailed to you the Monday after you pass the test. If you do not pass the test the first time, you can take the test again.

Thank you for your commitment to keeping Mixed Martial Arts clean!



MEDIA

Journalists can apply for media accreditation by sending their requests directly to the organizer at press@immaf.org. When journalists are traveling as part of a National Federation Team please indicate this, so they may be treated as part of your party.

ATHLETE MEDIA OBLIGATIONS

a) Television

It is a mandatory obligation for all athletes to complete television interviews and photograph sessions for IMMAF's production team, if requested. Team Leaders or the athlete themselves will be notified in advance if an athlete's attendance is required.

For official interviews and photographs (which are used for TV graphics), athletes will need their RDX competition wear and also their national team t-shirt.

Official television interviews will be in English, so please arrange for a person to translate for your athlete if needed.

b) IMMAF Social Media Team

Each day, after their matches, select competitors will be escorted for a short interview with the IMMAF Social Media Team following their post-fight medical examination. These interviews may be used on the IMMAF broadcast and/or IMMAF social media channels.

On days where Anti-doping testing takes place, such interviews will be conducted following the post-fight medical and before the Anti-doping testing.

An official representative from IMMAF will be responsible for notifying competitors of IMMAF interview requests and escorting competitors from the competition area to their post-fight medical and onto their media interview. Competitors may wear their own sponsor apparel for the media interviews.

INSURANCE OF COMPETITORS

The competitor competes under the full responsibility of their National Federations Insurance. Each national federation is responsible for insuring its competitors against "injury and third party risk (public liability)" during the period of the event.

MEDALS CEREMONY

During the Finals, competition medalists will participate in a podium medals ceremony.

The Dress Code for competitors during the medal's ceremony is as follows:

1. RDX Sports competition rash guard and shorts or National Team uniform
2. The only flags or banners that may be carried are National Flags. No religious or political symbols are allowed.

Casual or street wear will not be permitted on the podium. Athletes will also be required to be in the designated seating for medalists at least five minutes before their medal presentation.

VISA

For visa inquiries please notify IMMAF and email to: office@mmasavezsrbije.rs





2026 IMMAF
EUROPEAN CHAMPIONSHIPS

5 – 15

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