

# THE CLASH: EUROPEAN COMBAT SPORTS FESTIVAL 2026

## UNIVERSAL ATHLETE DECLARATION — TERMS & INFORMATION

This document contains the terms (sections 2–8) that every athlete accepts by signing the **Universal Athlete Declaration — Signature Sheet**. It contains nothing to fill in: read it, then complete and sign the Signature Sheet. Teams printing on paper need only one copy of this document; the Signature Sheet is completed once per athlete. Sections 1 (athlete details) and 9 (signatures) are on the Signature Sheet.

Event: The Clash: European Combat Sports Festival, 20.–24.10.2026, Unibet Arena, Tallinn, Estonia

Organiser (data controller): Mittetulundusühing The Clash Baltic, registry code 80644958, Akadeemia tn 5-13, 80011 Pärnu, Estonia, [info@theclash.ee](mailto:info@theclash.ee)

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## 2. ACCEPTANCE OF COMPETITION RULES

I will compete under, and agree to be bound by, the competition rules of the discipline(s) I have registered for, in the exact editions published on the event page at [theclash.ee/registration](http://theclash.ee/registration) before registration opened. Those pinned editions govern this event regardless of later federation amendments, except changes that improve athlete safety:

- **MMA:** IMMAF Unified Rules for Amateur MMA (Senior/Junior and Youth, January 2021) as adapted by the ESVL cover regulation of 09.04.2025.
- **K-1:** WAKO Rules and Regulations, edition of 25.10.2022 (revision 3) including the 2026 K-1 Style rule changes, as archived on the event page.
- **Muay Thai:** IFMA Rules and Regulations v3.0 (11 May 2026), as archived on the event page.

Order of precedence: (1) event-specific regulations published by the Organiser, (2) national-federation adaptations, (3) the international federation rulebook. Each discipline's ruleset governs bouts in that discipline only.

## 3. INFORMED ACCEPTANCE OF INHERENT RISK

I understand that full-contact combat sport carries inherent risks that can materialise even when the competition is organised and refereed correctly and all rules are followed. These risks include, among others: knockout, concussion and other head injury with possible long-term effects, cuts, fractures, joint and spinal injuries, paralysis, and in rare cases death.

I confirm that I participate voluntarily, that my acceptance of these inherent risks is informed and freely given, and that injuries resulting from lawful, rules-compliant competition are part of the sport I have chosen.

This declaration does not limit any liability that the Organiser or any other party bears under Estonian law for damage caused by their own fault, and does not affect the Organiser's statutory obligations regarding event safety and medical services.

## 4. MEDICAL TRUTHFULNESS AND WEIGHT MANAGEMENT

I confirm that all medical information and documents I present are true and complete, and that I do not knowingly conceal any injury, illness or condition affecting my fitness to compete. I understand and accept that:

- I must pass the medical check on each competition day before competing;
- event doctors may test for dehydration at any time (including urine specific gravity testing); a result above 1.030 means I will not be permitted to compete that day;
- extreme weight cutting by dehydration is prohibited; diuretics are prohibited as WADA masking agents; intravenous rehydration is prohibited;

- youth athletes compete at their natural weight; weight cutting by minors is prohibited;
- medical decisions of the event doctors, including suspensions, are final for the purposes of participation in this event.

## 5. ANTI-DOPING

I acknowledge that the World Anti-Doping Code and the anti-doping rules of the applicable federation (IMMAF, WAKO or IFMA) apply to me at this event, and that I may be tested. I acknowledge that my doping-control data will be processed and may be transferred to the competent anti-doping organisations, including through the WADA ADAMS system, as required by those rules; details are in the event privacy notice. I acknowledge that the applicable anti-doping rules contain their own dispute-resolution procedures, which may include arbitration before the Court of Arbitration for Sport under those rules. I will declare all medications and supplements at medical checks and doping control, and I understand that a Therapeutic Use Exemption must be arranged in advance where required.

**Athletes under 18:** the athlete has the right to be accompanied by a parent, guardian or team representative during any doping-control procedure, and the guardian handles any TUE application. Athletes under 16 are "Protected Persons" under the WADA Code.

## 6. MEDIA

I acknowledge that this is a public sporting event that is photographed, filmed and live-streamed, and that competition and crowd footage is used by the Organiser for event coverage, promotion and reporting, including obligations under the Erasmus+ Sport programme. The legal basis and my right to object are described in the event privacy notice.

**Featured individual content** (athlete profiles, interviews, documentary/docuseries participation) happens only with separate agreement; the opt-in box is on the Signature Sheet.

## 7. INSURANCE

Accident/medical insurance covering full-contact sports competition is strongly recommended. On the Signature Sheet every athlete either confirms that they hold such cover (or that their federation or club provides it), or acknowledges that they compete without it and that costs beyond emergency care under their state health cover (for example the European Health Insurance Card, EHIC) are their own responsibility. Insurance is not a condition of participation. The Organiser does not insure individual athletes. This section does not affect the Organiser's own statutory obligations or its own liability insurance.

## 8. DATA PROTECTION

Controller: Mittetulundusühing The Clash Baltic (registry code 80644958, Akadeemia tn 5-13, 80011 Pärnu, info@theclash.ee). Athlete data is processed for the organisation of this event as described in the event privacy notice at theclash.ee/registration, which sets out the purposes and legal bases, recipients (including the registration platform, federations and anti-doping bodies where their rules require it), retention periods, athlete rights, and the right to complain to the Estonian Data Protection Inspectorate (Andmekaitse Inspektsioon). Medical information is handled by the medical team under confidentiality; the administrative team learns only whether an athlete is cleared to compete.

## MEDICAL DOCUMENTS — SENT BY YOUR CLUB'S MEDICAL CONTACT

Medical documents are NOT uploaded at registration and NOT brought on paper. Each registering club names one **club medical contact**, who e-mails the whole team's documents to **medical@theclash.ee** by **7 October 2026** — preferably **one combined PDF per athlete** containing all their documents, named **Firstname\_Lastname.pdf**. Separate files are also accepted if clearly named:

Medical\_Certificate\_Firstname\_Lastname.pdf · Bloodtests\_Firstname\_Lastname.pdf ·  
Dental\_Certificate\_Firstname\_Lastname.pdf

| DOCUMENT                                                                                                                                                                   | WHO                                                                                                                                          |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|
| Clash medical examination form, completed by a licensed doctor (adult form 18+; U18 form for minors, countersigned by a parent/guardian), issued within the last 12 months | All athletes                                                                                                                                 |
| Blood test lab report (HIV 1/2 Ag+Ab, HBsAg, HCV Ab; lab letterhead, signed)                                                                                               | MMA: athletes 18 and older, test from the last 12 months · Muay Thai: athletes 16 and older, test from the last 6 months · K-1: not required |
| Dental brace certification                                                                                                                                                 | K-1 athletes with braces                                                                                                                     |

Incomplete or late documents risk exclusion; there is no on-site medical document processing or testing. At accreditation athletes show only their photo ID.



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